

MSU Recommended Physical Education 4 Year Planning Tool

First Year			
Fall		Spring	
KIN 100: Con. Of Fitness and Wellness	2	KIN 120: Strength Training or KIN 126: Group Ex/Yoga	1
KIN 107: Intro to PE	2	KIN 207: Prevention and Care	2
KIN 126: Group Ex/Yoga or KIN 120: Strength Training	1	ENG 120 (pre: ENG 110)	3
PSY 111: Intro to Psychology	3	ED 260: Educational Psychology	2
COMM 110	3	ED 260 L: Clinical I	0
ENG 110	3	SPED 110: Introduction to Exceptional Children	3
Univ. FYE	2	BIO 115: Human Anatomy and Structure	4
TOTAL	16	<i>Take CASE tests</i>	TOTAL 15
Second Year			
Fall		Spring	
KIN 220: Methods of Teaching Dance or KIN 215: Methods of Sport Activities	2	KIN 215: Methods of Sport Activities or KIN 220 Methods of Teaching Dance	2
KIN 301: Psychomotor Development	2	KIN 231: Aquatic Methods	2
ED 282: Managing the Learning in Environment	2	ED 284: Teaching Diverse Learners	2
ED 282L: Clinical II	0.5	ED 284L: Clinical III	0.5
SCI LAB or MATH	4	SCI LAB or MATH	4
SS 283: Ethnic & Cultural Diversity in America	3	ED 320: Curriculum, Planning, & Assessment (pre: ED 260)	2
Gen Ed HUMANITIES or KIN 334: Nutrition for Performance	3 or 2	PSY 255: Child and Adolescent Psychology (pre: PSY 111)	3
<i>Apply to Teacher ED Prog. (pre: CASE tests)</i>	16.5/15.5	<i>Get CPR/First Aid certified</i>	TOTAL 15.5
TOTAL			
Third Year			
Fall		Spring	
ESR 226: Methods of Teaching Group Ex	2	KIN 407: Psych. Of PE and Athletics (pre: PSY 111)	2
ESR 227: Strength and Conditioning Programming	2	KIN 310: Organization and Admin. (pre: KIN 107)	2
KIN 340: Elementary Methods & Activities (pre: KIN 301)	3	KIN 442: Adapted Physical Education (pre: KIN 215)	2
ED 321L: Clinical IV	0.5	KIN 433: Physiology of Exercise	3
ED 322: Curriculum, Planning, & Assessment II	2	KIN 334: Nutrition for Performance or Gen Ed HUMANITIES	2 or 3
KIN 431: Kinesiology (pre: BIOL 115)	3	KIN 341: Practicum for Elementary PE (pre: KIN 340)	2
ED 380: Technology in Teaching	2	ED 323L: Clinical V	0.5
		Gen Ed SOCIAL SCIENCE or KIN 441: Psychomotor Evaluation	3
TOTAL	14.5		TOTAL 16.5/17.5
Fourth Year			
Fall		Spring	
KIN 441: Psychomotor Evaluation or Gen Ed SOCIAL SCIENCE	3	ED 484: Student Teaching Seminar	2
KIN 391: Secondary PE Methods	4	ED 494: Student Teaching	14
Gen Ed HISTORY	3		
ED 324L: Fall Experience	0		
Gen Ed HUMANITIES	3		
<i>Apply to Student Teach & for Graduation</i>	13		TOTAL 16
TOTAL			

